

## Dating and Violence Should Never be a Couple.

In January, 18 year old Jordan barged into his Waukesha high school classroom from which he had recently been expelled. Jordan was looking for his ex-girlfriend. She blocked his phone calls. Jordan also stated that he was going to kill her friend who came to her defense. Teachers came to help and Jordan ran away. His ex-girlfriend said that she was very frightened of Jordan and was afraid that he would hurt or kill her. Luckily, within hours, Jordan was apprehended by police but the community is left to wonder what would have happened if he chose to use the 10 inch hunting knife he kept in his car that day.

Incidents similar to the nightmare that happened that cold day of January in Southeastern Wisconsin have become far too familiar across the nation. Dating violence has become so prevalent in the United States that the CDC has declared it a public health problem. Among adult victims of rape, physical violence and/or stalking by an intimate partner, 22% of women and 15% of men first experienced some form of violence between the ages of 11 and 17 years (CDC, 2012)

Since January, Advocates has received multiple calls from teen victims and from concerned parents wondering how they can identify whether or not their teen has fallen victim to such abuse. February recognizes Teen Dating Violence Prevention Month. Advocates has always had a crucial role in the prevention of dating violence through our outreach school presentations on dating violence and healthy relationships. Through our "Coaching Boys Into Men" program we emphasize to young men, respect and non-violence in their relationships.

This month, Advocates reaches out to parents by providing critical warning signs that your teen may exhibit if experiencing relationship abuse.

*(Con't Pg. 2)*

## Give. Match. Grow.

On Thursday, March 14, 2013, you have the chance to provide a helping hand to the individuals and families who struggle daily to meet basic needs. By making a gift to Advocates of Ozaukee, you can ensure that we can continue to provide a helping hand to those experiencing domestic and sexual violence in our community.

Sponsored by the Greater Milwaukee Foundation and other local funders, Match Day is a 24-hour online giving event that supports 21 food and shelter agencies in southeastern Wisconsin. Every gift of \$10 or more will be proportionately matched, thanks to nearly \$740,000 in matching funds, which increases the value of every dollar donated. In 2012, its inaugural year, Match Day raised more than \$1.8 million and each gift was matched with an additional \$.63. Donate at:

[www.matchdaymke.org](http://www.matchdaymke.org).

**MATCHDAY**  
Give. Match. Grow.  
March 14

## 2012 Was A Busy Year!

Thanks to our donors and volunteers we were able to meet the need for services for:

- 661 Active Clients
- 607 Crisis Calls
- 3,068 Nights of shelter (2011 was 1,838 nights)
- 6,998 Hours of Advocacy
- 496 Hours of Children's counseling

**Uncomfortable calling:  
Text us at 262-891-7262**



## **Willy Porter Benefit Concert Sponsored by Port Washington State Bank**

It was a cold wintery night but our friend Willy Porter warmed the crowd and had them cheering at the annual concert to benefit Advocates. Willy and Carmen Nickerson shared their songs, wit, and warmth with a sold out crowd. Over the years this concert has raised over \$80,000 for Advocates of Ozaukee. Thank you again to Willy for his commitment to Advocates and to the community.

Special thanks to our sponsor and community partner  
Port Washington State Bank!



### **Con't The Warning Signs of Teen Dating Violence:**

**Isolation:** An abuser may isolate his victim from outside activities and then friends and family. She may then become emotionally dependent on him and find it difficult to leave.

**Emotional Changes:** In the early infatuation stages of any relationship, your teen will probably be happy. Once abuse occurs, she may become sad and desperate. She may cry and request to be alone.

**Jealousy Issues:** The abuser often exhibits jealousy and becomes angry even when the victim talks casually with friends.  
**The Abuser's Background:** The abuser may have had a tragic life and witnessed abuse within the home. He may have trouble at school and experiment with alcohol and drugs.

**The Need to Impress:** The abuser may give "advice" on friendships and even clothing or hairstyles. Pay attention to see if the teen follows the abuser's every suggestion.

**Making Excuses for Abuser:** The teen may stick up for her abuser defending his words and actions.

Most importantly, it is important for the parent to keep the line of communication open with their teen. If further support is needed, Advocates' staff is available 24 hours each day. Please call our hotline at 877-375-4034

## **Holiday Happiness !**

The holidays can be a bittersweet time, especially for those who are dealing with abuse by a loved one. We are very grateful to the following donors who collected toys, adopted families, baked cookies, purchased gifts, made blankets and quilts, and contributed gift cards. You brought joy to our clients and gave them a Christmas they would not have been able to have without your generosity.

Aislelogic, Inc.  
Aurora Advanced Healthcare – Mequon  
Spirit Committee  
Barbara Bates-Nelson  
Bridget Bretl  
Cedarburg Toy Company  
Challenge Club for Girls – St. Peter's Parish  
Charter Steel  
Crossroads – Elaine Wilcox & Women's  
Small Group  
Judy Darling  
Dental Office of Dr. Peterson  
East Towne Jewelers  
Ewesful Knitter's Guild  
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Center  
Rev. Alice Horton  
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Pennie Knapmiller  
Nora Koenig  
Donna Laabs  
Karin Manley  
Carol Manternach  
Anne Mattson  
Maurice's in Grafton  
Open Door Bible Church  
Ozaukee Congregational Church  
Patty Panighetti  
Kristin Pernic  
Phyllis Pinsker  
RBC Wealth Management  
Regina's Bay Bakery  
Rockwell Automation  
Carol Schenker  
TJ Hale  
Victoria Secret – Mayfair and Bayshore

# Recognizing April as Sexual Assault Awareness Month

For Friends, Family and Partners of Sexual Assault and Sexual Abuse Survivors

Advocates of Ozaukee provided counseling, advocacy and shelter to 220 sexual assault and abuse survivors last year. In addition to these adult and child survivors, Advocates also provided services to the secondary victims, friends, parents and partners of sexual abuse victims.

Knowing that someone you care about has been hurt can leave a supporter feeling overwhelmed. Often both survivors and their supporters struggle with feeling helpless in the aftermath. It can take some time to learn how to respond.

For many survivors, support is a crucial part of the healing process and receiving a compassionate and validating response from friends and family can make a real difference. It can be difficult to know what to say or do to help a loved one. It's okay not to have all the answers: non-judgmental listening and simply being there can be a wonderful support to any survivor. Let the survivor know that you care and that you believe them. Unfortunately there are no quick or easy fixes for healing from sexual violence, so it's important to be patient when the process is taking what some consider a long time.

In addition to finding ways to support the survivor it's very important to maintain your own wellbeing. You may find yourself being alarmed by the intensity of your own feelings. It can be helpful to recognize that it is natural for supporters to experience their own sense of shock, anger and devastation. Acknowledge the impact that this has on your own life and seek outside support for yourself. Taking care of your needs can make it easier to provide support to your loved one. If you or a loved one are in need of counseling or support please call Advocates.

(Content of Article courtesy of Pandora Project Minneapolis, MN)

## YOU

### Can Help With ...

#### Cell phone collection

Drop your cell phone at Cornerstone CommunityBank or sponsor your own collection. We can help. Call to find out more at 262-284-3577.



Sign up for Charitable Checking at **Cornerstone Community Bank.**



Follow us on Facebook at Advocates of Ozaukee and Twitter at Advocatesofoz for information on more ways to help and updated wish lists.

## ZUMBA JAM

For Sexual Assault Awareness Month

Where: The Wisconsin Athletic Club—West Allis  
1939 South 108th Street  
West Allis, WI

When: Friday, April 26th, 7pm to 8:30pm

Cost: \$10 for members \$15 for non-members

Refreshments to follow  
All proceeds benefit Advocates of Ozaukee

Please contact Kristen with questions  
262-284-3577

## Return Service Requested

Advocates of Ozaukee  
P. O. Box 80166  
Saukville, WI 53080

Office: 262.284.3577  
Fax: 262.284.4403

### Support Lines:

262.284.6902  
877.375.4034  
www.advocates-oz.org  
Twitter - Advocatesofoz

**Friend us on Facebook @  
Advocates of Ozaukee**



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### Let's Welcome

Advocates is pleased to announce the addition of Rosie Haslee, of Wonderbox Technologies and Mario Valdes of Concordia University to our Board of Directors.

## JOIN A SUPPORT GROUP

*Groups are open to all women and their children experiencing domestic and/or sexual violence.*

### T RAUMA SUPPORT GROUP

T uesdays 6:30—8:00 p.m.

*Children's Group and Childcare provided.*

Call for more information.

262.284.6902 or 1.877.375.4034